Young flyers

London Heathrow

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Available from midday

Lunch | Dinner

Cream of tomato soup Heinz. 140kcal (V)

Vegetable sticks and hummus carrot, cucumber, breadsticks. 210kcal (V)

Chicken burger chips, tomato ketchup. 538kcal

Fish finger sandwich sesame brioche roll, chips, tomato ketchup. 720kcal

Chicken curry rice, poppadom, naan bread. 640kcal

Vegetable curry rice, poppadom, naan bread. 536kcal (VE)

Mac 'n' cheese parmesan. 475kcal (V)

Desserts

Fruit salad melon, pineapple, kiwi, blueberries, strawberries. 46kcal (VE) Milk ice Iollies vanilla, strawberry, chocolate. 39kcal (V)